

Current Health Campaigns December/January

World Aids Day – 1st December 2021

World AIDS Day takes place on 1 December each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first ever global health day. More info at worldaidsday.org/about/



3rd December 2021 – International Day of People with Disabilities

Since its inception in 1945, the United Nations (UN) has outlined and reiterated its commitment to calling for the creation of inclusive, accessible and sustainable societies and communities – most notably with the adoption of the Universal Declaration of Human Rights in 1948. Over time, the UN has honed its focus on promoting the well-being and welfare of people living with disabilities, and in 1992 called for an international day of celebration for people living with disabilities to be held on December 3 each year. Visit idpwd.org for more details



INTERNATIONAL DAY OF
PEOPLE WITH DISABILITIES

January 2022 – Dry January

Dry January is a challenge to go alcohol or "booze"-free throughout the month of January. But it does not stop there. People are encouraged to take a month off from alcohol at any point during the year.

Anyone can take part and it is not aimed just at those who believe they might drink too much. It includes people who feel their health and wellbeing could benefit. Visit alcoholchange.org.uk



Winter 2021/22

Patient Newsletter

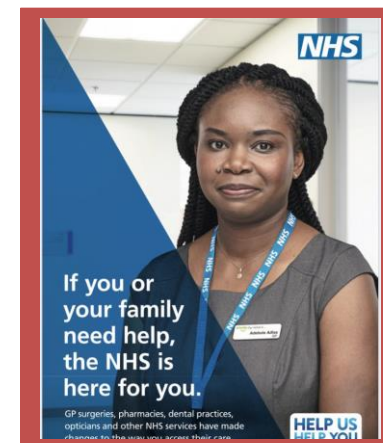


Keeping us all safe

The Chorley Surgery is open and continues to provide services as we have done throughout the pandemic. This means that for our patients, our GP practice is open and providing GP services, with face to face appointments available.

GP practice buildings are public buildings and as such must be kept covid-secure. We therefore kindly ask our patients to wear a face covering and maintain a 2-meter distance where possible, whilst in the surgery

New ways of providing our GP services have been introduced in order to maintain access to your GP practice team whilst protecting you, others and staff. Triage (making an assessment of your condition and prioritising care accordingly) is an important part of how our GP practice works. This has always been in place but has been vitally important during the pandemic



The threat of infection from Covid-19 still exists within our communities, and locally patients are being asked to continue to follow the guidance

Why not join our Patient Participation Group?

Our patient participation group consists of patients who wish to be involved in our surgery, whilst taking an active role in developing local health services.

We are looking for new members to add to our group who would like to share their ideas to help improve the services that The Chorley Surgery offers, in addition to sourcing any local community services that would help enhance aspects of our patient's lives.

Would you like to contribute to –

- Helping improve on the experience of attending the surgery
- Helping the practice decide on overall service priorities
- Helping bring the attention of practice staff, the practice perspective of the level and standard of the services provided
- Acting as a channel in communicating to patients
- Helping patients understand more about their medical conditions/problems
- Helping improve patients overall experience of the practice

If this is something that you would like to be a part of please contact Michelle Brisco PPG Secretary/Practice Manager on 01257 513970 for further details



CONTACT US

You can find information about the surgery, booking appointments, and lots of other useful information via:

Website: www.thechorleysurgery.com

Facebook:
www.facebook.com/thechorleysurgery/

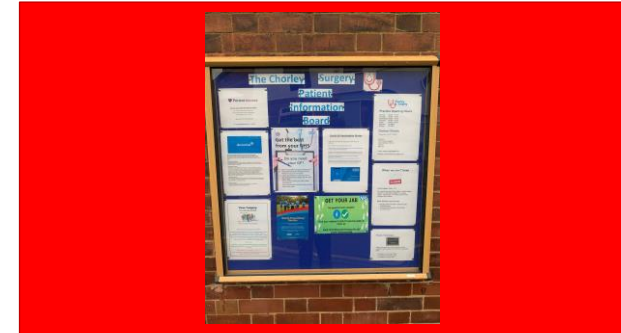
Telephone number:
01257 513970.

'Striving for excellence in healthcare for You and Your Community'

NEW - Outdoor Patient Information Board

Following on from one of our recent PPG Meetings it was suggested by the members that a Patient Information Board be placed outside the surgery. We have taken this suggestion on board and is now in place.

We welcome suggestions from our patients on what information they would like on this board, which we will endeavour to keep up to date. If you have an ideas, please contact Michelle Brisco. Practice Manager who will be happy to discuss this with you



Shingles Vaccinations

Are you aged between 70 and 79? If so, did you know that you are eligible for the shingles vaccination?

There are now 2 shingles vaccination available for patients, Zostavax, a live vaccine given as 1 dose and Shingrix, a non-live vaccine given as 2 doses. If Zostavax is not suitable for you, one of our practice nurse's will decide whether to offer you Shingrix instead.

You can have a shingles vaccine at the same time as most other vaccines. But try to leave 7 days between the shingles vaccine and a coronavirus (COVID-19) vaccine, so that if you have any side effects, you'll know which vaccine they were from.

If you are eligible for a shingles vaccine the surgery will be contacting you soon to invite you to book your appointment

Further information on the shingles vaccines can be found at www.nhs.uk/conditions/vaccinations/who-can-have-the-shingles-vaccine/